



GOVERNMENT OF WEST BENGAL
Office of the Principal
Government General Degree College, Kaliganj
Debagram, Nadia - 741137
Ph: 03474-267514
Website: www.kaliganjgovtcollege.ac.in

Add-on course on 'Basic Concept on First Aid Techniques'

About the Course

Introduction:

First aid training is a low cost, but highly effective strategy to reduce morbidity and mortality. First aid has been practiced in the world since antiquity. There is enough evidence that it was used to give relief to the injured and sick persons in wars and calamities in India since the times of Mahabharata. To provide the right and effective help before a trained health worker is available or the victim reaches a health facility, it needs to be given by the laypersons who happen to be present wherever a person suffers from an injury or illness. This will only be possible when a large number of laypeople are trained in evidence-based first aid techniques. This course helps the students to understand the evidence-based techniques of first aid which are becoming more and more crucial in saving life in this era when the country is facing an epidemic of roadside accidents.

Course Description:

This course is design to give the basic concepts about the evidence-based techniques of first aid which are becoming more and more crucial in saving life during any emergency situations.

Objective of the course:

The course will enable the students to:

- Understand the cardio pulmonary resuscitation (CPR) and according to the emergency situation apply the process for saving life
- Learn how to stop bleeding applying direct pressure, process of compressive bandage
- Learn to keep victim in comfortable position during asthma and allow inhaler puff if already taking
- Understand how to handle of a burn victim
- Learn to dressing, bandages, immobilization, transport and improvisation during injuries and fractures
- Learn to handling of victims during snake bites



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Outcome of the course:

At the end of the course student should be able to:

- Know the basic concept of first aid techniques
- Save a patient's life by giving first aid in any emergency situation
- Understand when to take the victim to the hospital
- Give psychological support to the victim
- Aware everyone that snake bite patients should always be taken to the hospital

SUMMARY REPORT

| Report | |
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| Course Conducted by | NSS Unit, GGDC, Kaliganj |
| Course announcement | 18.02.2022 |
| Course offered for | B.A., B.Sc., Honours and Program students |
| Course duration | 40 Hours (March, 2022) |
| Class started | 01.03.2022 |
| Teaching mode | Offline |
| First Aid Instructor assign for the course | Uttam Dhani, Pharmacist, Student's Health Home, Krishnagar, Nadia |
| Total students participation | 17 |
| Announcement of the final examination | 20.03.2022 |
| Conducted examination of | 17 students |

Sujit Kundu

Shri Sujit Kundu

Course Co-ordinator

&

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Shri Sujit Kundu
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Glimpses of the Course



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